

Health Benefits: Mitigating Air Pollution and Improving Urban Microclimate

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Workshop 'The Health and Social Benefits of Nature and Biodiversity Protection'

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Session Questions



- What are the **health and social benefits** from protected areas and wider green infrastructure in terms of **air pollution** and **heat stress**?
- Are there any good **examples** of these benefits (and their values) **across Europe**?
- Who has driven this practice? What **tools** and **measures** have enabled progress?
- To what extent are the experiences **replicable** and **transferable** across issues and across Europe?



Analysing Nature Based Solutions



- 1. What is the problem?** Key drivers and variables
- 2. Health burden?** Including social and economic impacts
- 3. What contribution can nature make?** What does the science say?
- 4. Natura 2000?** Do protected areas play a role?
- 5. Green Infrastructure?** Any green innovations?
- 6. Governance?** How can we capitalise on benefits?



1. What is the Problem?

Air Pollution

- Urban air quality persistently poor across Europe – mostly linked to transport
- 2011-2013: 75% of urban populations in EU-28 exposed to harmful levels of PM, O₃, BaP (WHO 2015)

Heat Stress

- Temperatures already higher in urban spaces due to UHI (up to +12°C)
- Climate projections: ~75% of EU urban populations exposed to increased heat stress (EEA 2012)

2. Health Burden



Air Pollution

- Risks linked to cardiovascular and respiratory disease
- Poor air quality linked to 400,000 deaths in EU-28 in 2012 (EEA 2015)
- Largest environmental health risk in Europe
- Annual economic burden >EUR 1 billion (WHO Europe)

Heat Stress

- Forecasts: increased heat related mortality across EU (EEA 2012)
- 2003 heatwave: 70,000 deaths
- Heat induced output losses up to 0.5% of GDP by 2100 (Hubler 2007, Lancet Commission 2015)



3. What contribution can nature make? – Air quality



A number of nature based solutions to air quality. Many of them are overlooked in existing debates, which focus on 1.

1. Providing barriers or sinks for pollutants: most research has been done on this pathway, mixed evidence, complex variables (e.g. street canyons), uncertainty. Could be valuable in highly polluted streets, increasingly applied in cities

2. Providing clean air oases: (large) green spaces lack pollutant sources and have markedly cleaner air than other urban spaces



3. What contribution can nature make? – Air quality



3. Interaction with climate: cooling effect of vegetation and water promotes clear air exchange through urban spaces

4. Facilitating behavioural change: green infrastructure can reduce pollutants at source by facilitating lifestyle change – e.g. promoting cycling



3. What contribution can nature make? - Heat



Green and blue spaces contribute to cooling by providing shade and through evapotranspiration. Offer an invaluable tool in climate change mitigation. Multiple variables determine benefits:

1. **Configuration:** tree-lined streets, green walls, green roofs, and protected areas all offer different forms of cooling
2. **Type:** certain species provide more shade than others, key differences between grassland and forests
3. **Size and density:** large trees offer more shade than small ones, but take a longer time to mature



3. What contribution can nature make? - Heat



4. **Health of vegetation:** maintenance of green infrastructure ensures continuous contributions to cooling

5. **Temporal & seasonable variations:** differences between deciduous or coniferous vegetation

6. **Air exchange:** green corridors can encourage air exchange through built up areas

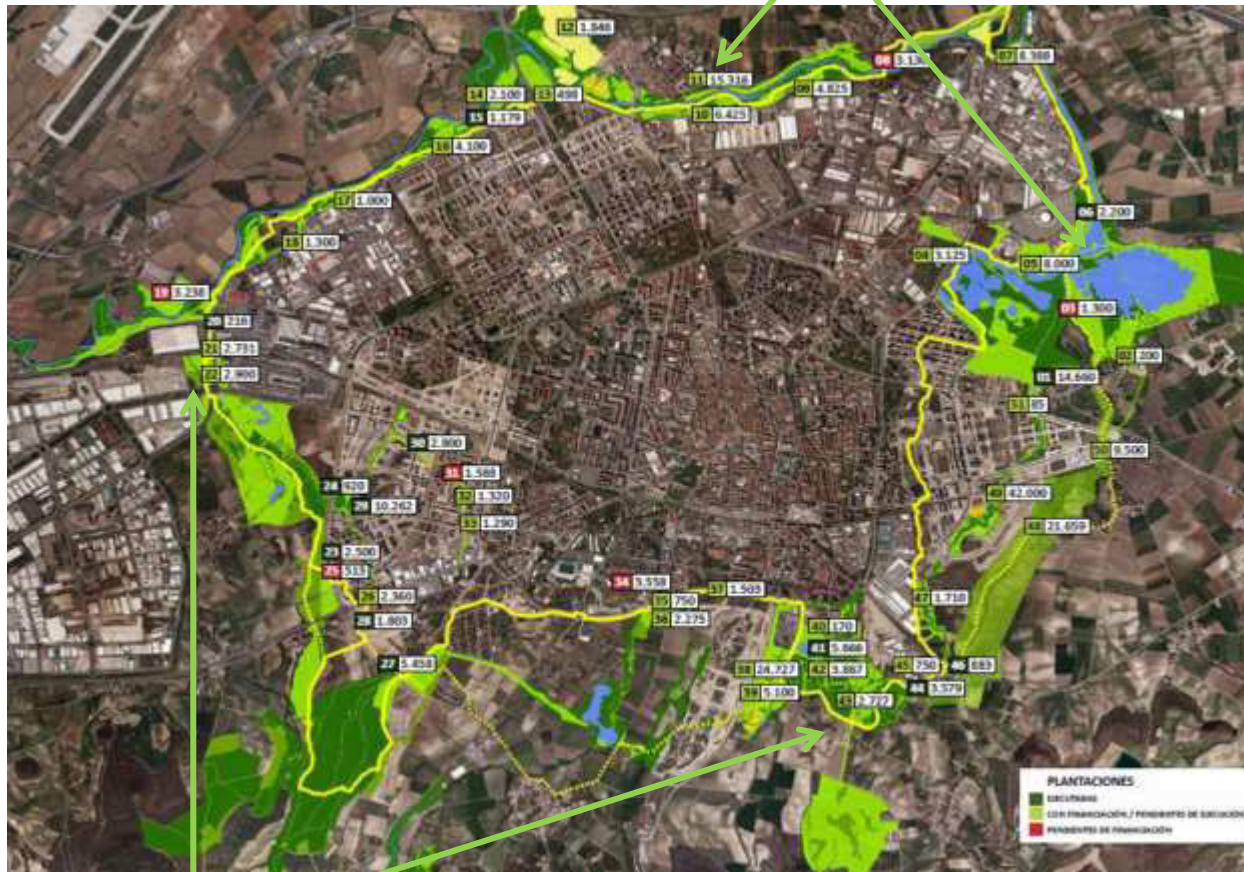


4. Protected Areas

Large protected areas are oases of clean and cool air, offering essential relief to millions of urban dwellers on a daily basis

Example: **Vitoria-Gasteiz and Salburua Wetlands (Spain):** 5 degree UHI and high vulnerability to heat waves; 250,000 citizens never more than 300 meters from green and blue infrastructure, including protected green belt of Natura 2000 and Ramsar sites

Natura 2000



Peri-urban GI

5. Green Infrastructure

Carefully designed and strategically placed green infrastructure can maximise street level benefits, providing valuable relief in high risk areas.

Example: Mayor of London (GLA) & Transport for London (TfL) clean air initiatives. London 10,000 deaths annually from air pollution (KCL 2015). TfL and GLA invest >EUR 15 million, including in green walls at sites with high PM.



Transport for London



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6. Capitalising on benefits

Actor	Tools	Example
City authorities	Air quality and green infrastructure strategies, tree planting campaigns, green roof policies/finance	Lyon, France: Berges du Rhône (2007)
Transport bodies	Funding for green infrastructure and research	London, UK: TfL Clean Air Fund (2012)
Citizens	Citizen science, mobile applications, guerrilla gardening, advocacy	Berlin, Germany: Initiative '100% Tempelhofer Feld' and referendum (2014)
Science	Research, dedicated mapping and climatology teams	Stuttgart, Germany: StadtKlima
Designers	Innovative projects	Milan, Italy: Bosco Verticale (2014)

Next in Session...

- Barcelona's Green Infrastructure and Biodiversity Plan, **Laura Zapata Gonzales**, Municipality of Barcelona, Spain
- StadtKlima and Nature Conservation for Clean Air, **Ulrich Reuter**, City of Stuttgart, Germany
- With a floor contribution from **Tajana Ban Ćurić**, Medvednica Natural Park, Croatia





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Collingwood
Environmental
Planning

ICLEI
Local
Governments
for Sustainability

Luke
LIFE
NATURE

milieu



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Barcelona, a city committed to Nature and Biodiversity



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Laura Zapata González
Energy and Environmental Quality
Barcelona City Council



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de Barcelona



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the Committee of the Regions

Location: 41°23' N / 02°12' E
Precipitation: 598 mm
Average Temperature: 16,5°C
Solar radiation: 1.502 kWh/sq m
Hours of sun: 2.583h/year



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de Barcelona**



Barcelona, a Mediterranean city



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Barcelona, a dense and compact city

Population:	1.619.337 hab.
Surface:	104 km ²
Density:	15.570 hab./km ²
Metropolitan Area:	4.720.951 hab.

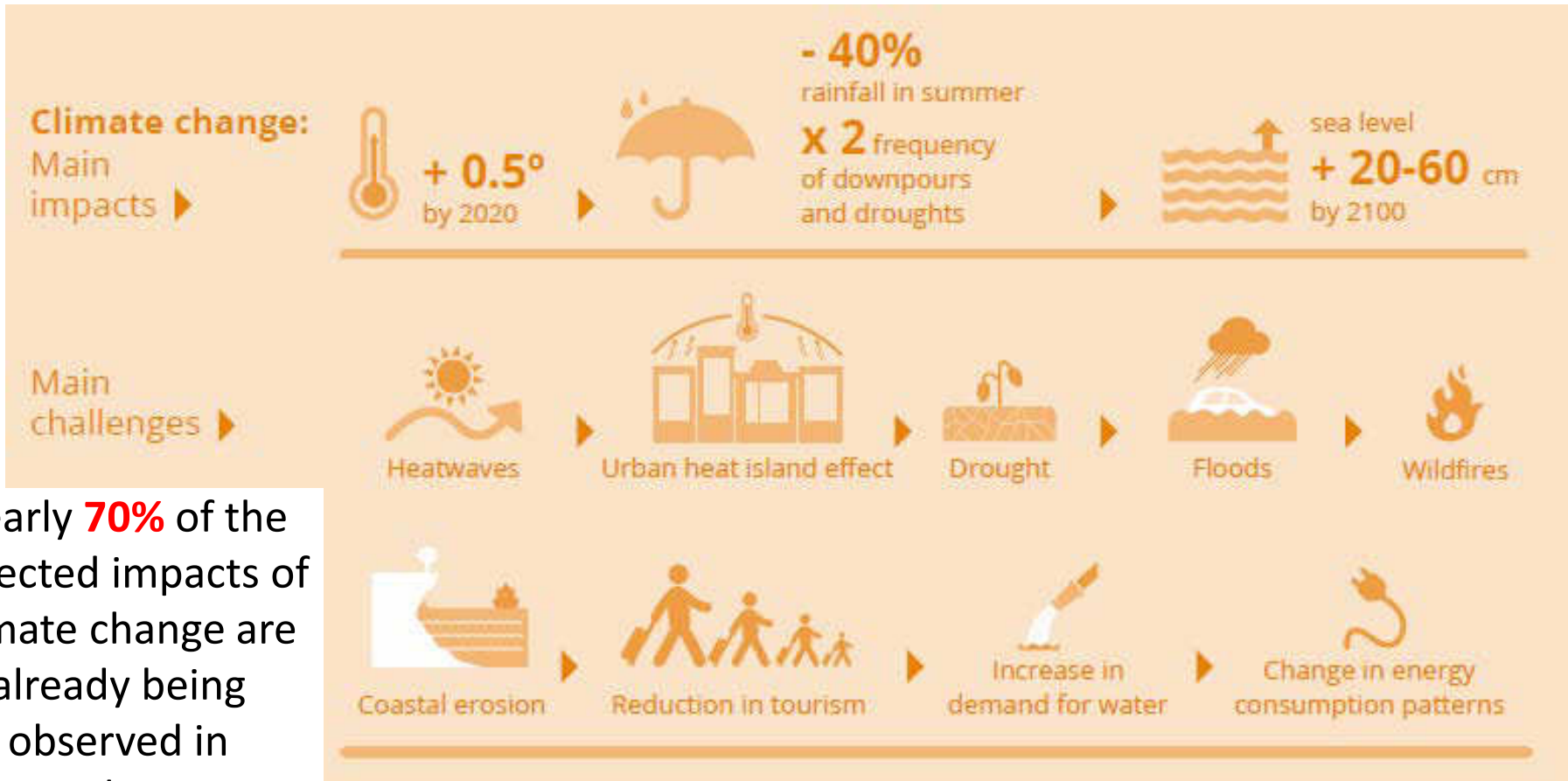


CHALLENGES

1. Climate change



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Nearly **70%** of the expected impacts of climate change are already being observed in Catalunya.



Committee of the Regions
European Commission
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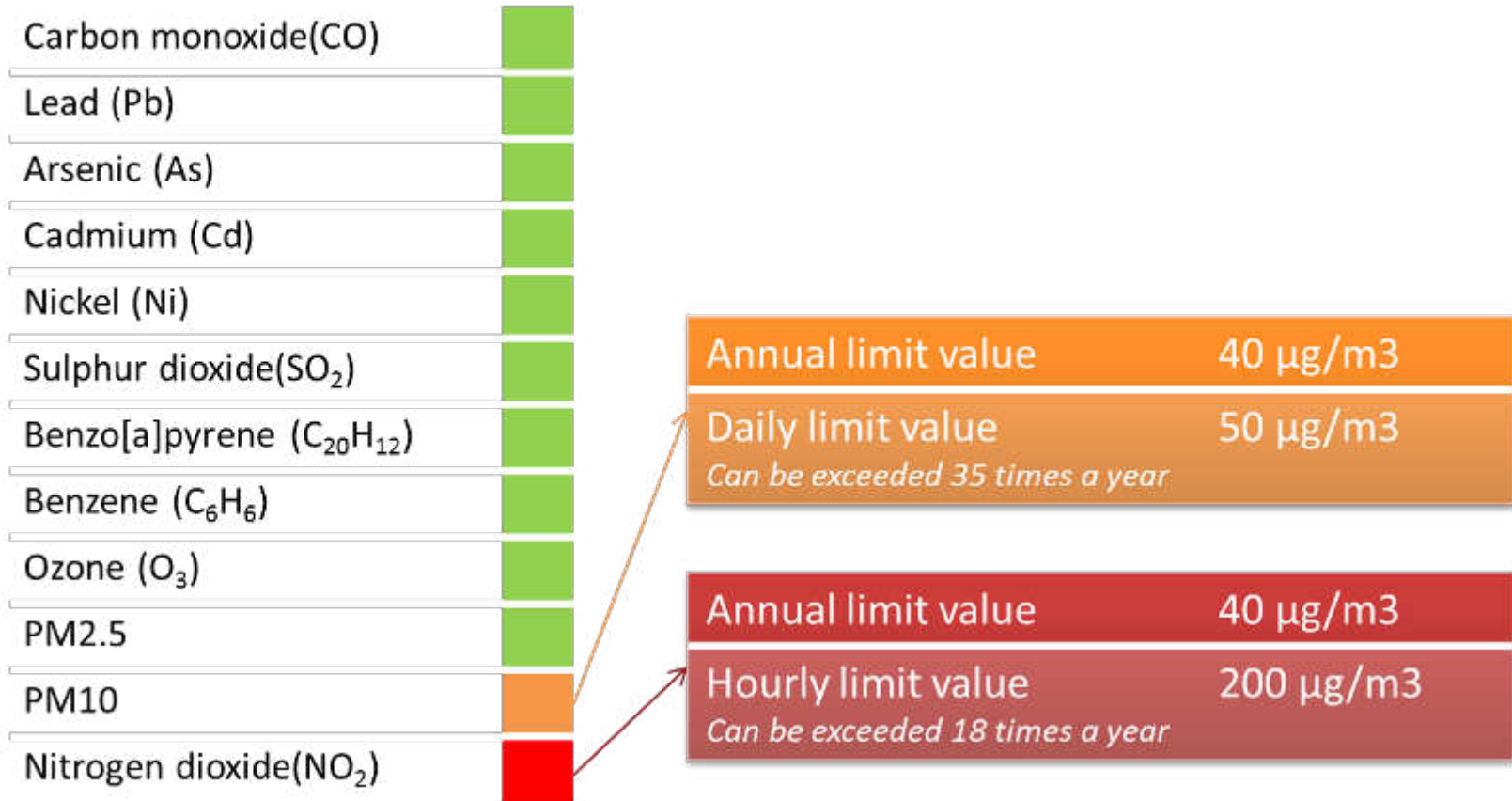
CHALLENGES

2. Air quality



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Pollutants monitored



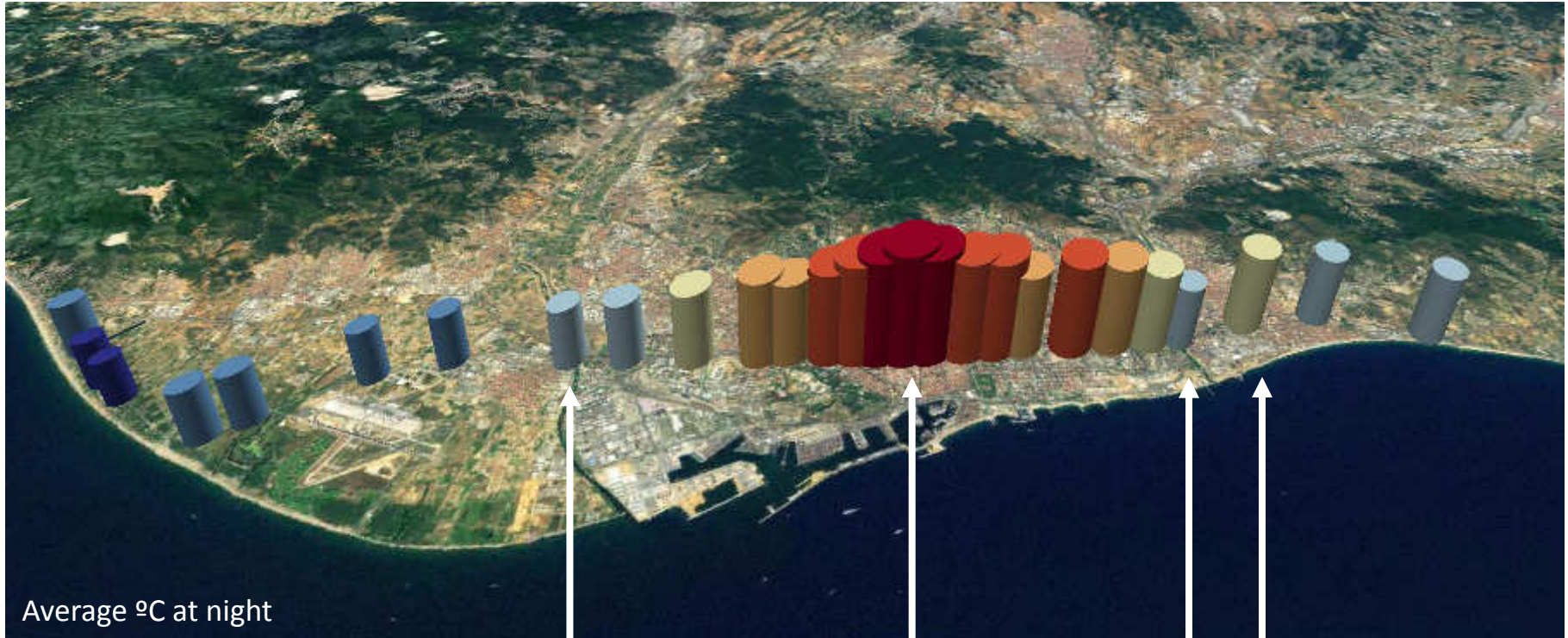
A project funded by the European Commission (ENV.B.3/ETU/2014/0039) and workshop hosted by the Committee of the Regions

CHALLENGES

3. Urban Heat Island

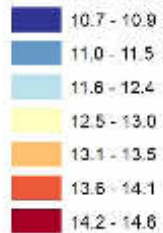


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Average °C at night

Temperatura



Llobregat River

Urban Heat Island Barcelona

Besòs River

Urban Heat Island Badalona



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STRATEGIES & ACTIONS

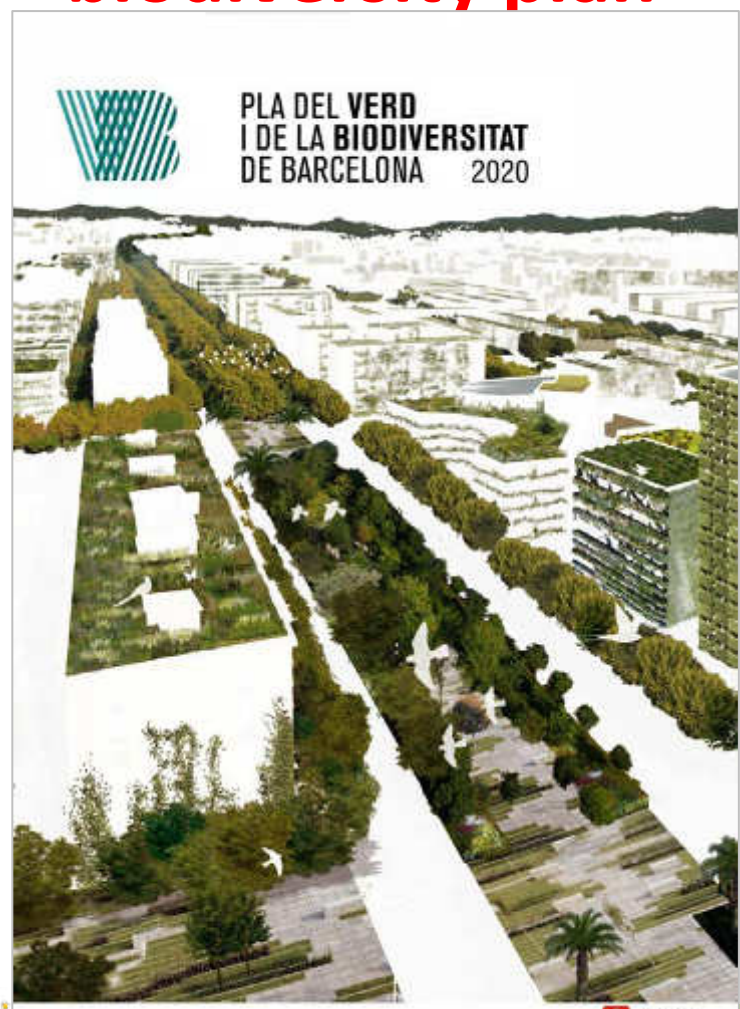
Green Infrastructure and biodiversity plan



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+ green surface
+ biomass
+ quality

1. STUDIES ON ENVIRONMENTAL SERVICES
2. GREEN CORRIDORS AREAS OF OPPORTUNITY
3. TREES MASTER PLAN
4. BIODIVERSITY GARDENS

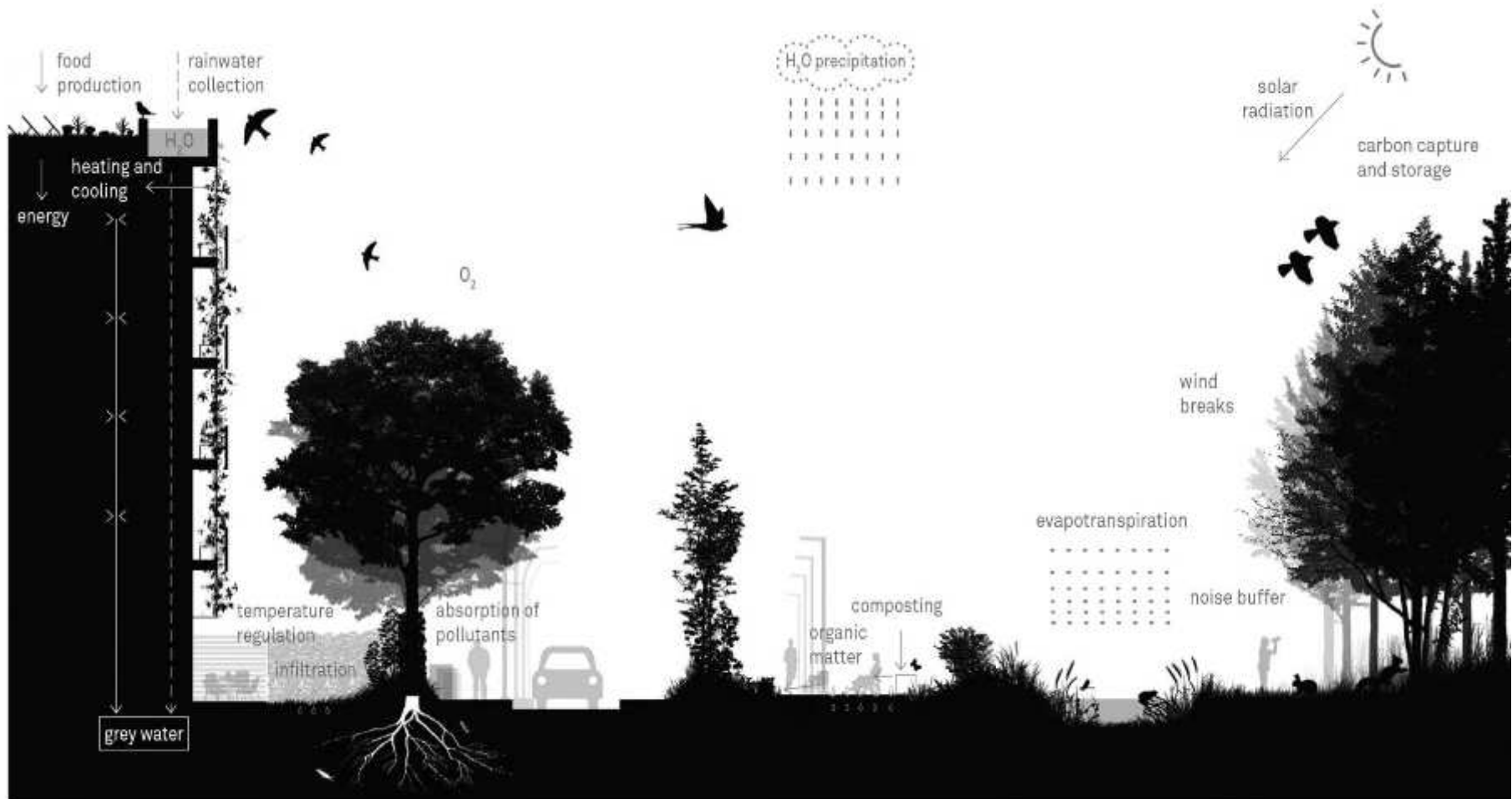


STRATEGIES & ACTIONS

1. STUDIES ON ENVIRONMENTAL SERVICES



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STRATEGIES & ACTIONS

1. STUDIES ON AIR QUALITY SERVICES



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Air Quality Plans do not consider green infrastructure to meet policy targets, it focuses mainly on technical measures (reduction of traffic, promotion of less polluting fuels)

Contribution of Barcelona urban forests to air quality (*Baró F. et al, 2014*):

- Contribution to NO₂ removal is low (0,52% to total emissions)
- Contribution to PM₁₀ removal should not be neglected (22,31%) but considering background pollution levels removal drops to 2,66% of total.

Contribution of urban forests in Barcelona (most in Collserola, Natura 2000) to abate **pollution is substantial in absolute terms, yet modest when compared to overall city levels.**

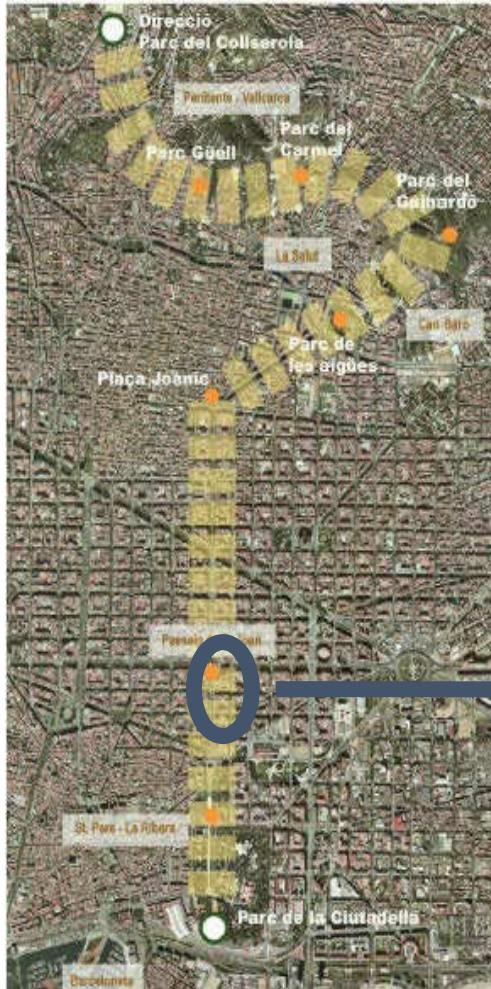
To be effective, green infrastructure **efforts have to be coordinated at broader spatial scales, at metropolitan level.**

STRATEGIES & ACTIONS

2. GREEN CORRIDORS



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STRATEGIES & ACTIONS

2. GREEN CORRIDORS



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STRATEGIES & ACTIONS

3. AREAS OF OPPORTUNITY



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STRATEGIES & ACTIONS

4. TREE MASTER PLAN



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STRATEGIC VISION OF STREET- TREES

- ✓ Biologically diverse mature, native, healthy, sustainable
- ✓ Best growing conditions available.
- ✓ Adapted to urban ecosystem providing high quality of life.

Giving conditions to increase its environmental services

Sp selection

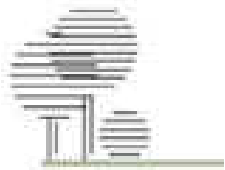
- No one species to exceed 15% of the total of street-trees → to avoid pests and disease
- Resilient to environmental conditions, water and heat stress
- Preferably native

Space

- Aerial space
- Transforming individual tree pits into continuous pits
- Improve soil conditions (permeability, volume)

Water

- Use of alternative water
- Appropriate irrigation according each sp.
- Automatic irrigation systems and leak control



200.000
urban trees
(2014)



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STRATEGIES & ACTIONS

5. TOWARDS ECO-MANAGEMENT



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- Management and maintenance incorporates good practices considering biodiversity
 - ✓ Including shrubs and dry herbaceous layers
 - ✓ Less pruning, more biomass in street-trees
 - ✓ Achieve a more abundant, mature and stratified vegetation
 - ✓ Improve habitats in parks and gardens introducing species to attract native fauna (pollinators, birds)



STAKEHOLDERS

Understanding and taking into account the priorities and concerns of different stakeholders to plan innovative solutions and set communication strategies.



COMMITMENT



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Green Infrastructure and Biodiversity Plan

- The Plan has a **2020 horizon**, taking as benchmarks the EU Biodiversity Strategy to 2020, and the United Nations' Convention on Biological Diversity (CBD), as expressed in the Strategic Plan for Biodiversity 2011–2020 and the Aichi Biodiversity Targets.
- **A Green Spaces and Biodiversity Program was created** to carry out the Plan
- It was introduced by consensus by the municipal government in 2013 **to ensure political commitment and long-term success**
- **Fundings come from all municipal stakeholders** (only partially controlled)

Barcelona's Commitment to the climate

Through collective action, the aim is that **by 2030 Barcelona:**

→ as regards adaptation, will have increased its urban green by 1.6 km², i.e. by 1 m² per current city resident.



verd urbà

+1 m² per
current city resident

2014

18,05 m²
d'espai verd
per habitant



NEEDS



ACHIEVE ECO-MANAGEMENT OF GREEN INFRASTRUCTURE AND INCREASE URBAN GREEN SURFACE

STRENGTHEN POLICIES AT MUNICIPAL AND REGIONAL LEVELS. HOW TO COORDINATE MULTIPLE FINANCIAL SOURCES

ECONOMIC ASSESSMENT OF BENEFITS ARE NEEDED IN GREEN INFRASTRUCTURE (COST-EFFECTIVE STRATEGIES)

MORE INFORMATION ABOUT SOCIAL AND HEALTH SERVICES IS NEEDED

IMPROVE MONITORING SYSTEMS AND INDICATORS OF GREEN AND BIODIVERSITY

CHANGE CULTURE, ACTIVE POLICIES OF COMMUNICATION AND NATURE AWARENESS



“Nature is not a place to visit. It is home.”
Gary Snyder

lzapata@bcn.cat



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StadtKlima and Nature Conservation for optimized Microclimate and Clean Air

Dr. Ulrich Reuter

City of Stuttgart, Office for Environmental Protection, Germany



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Contents

- **The problem**
- **The strategy to use nature**
- **The Activities**
- **Benefits**
- **Stakeholders**
- **Recommendations/ Challenges**



The Problem



lowest point	207 m
highest point	549 m
total area	207 km ²
population	590 000
population of the region	2 600 000

many days with heat stress
high level of air pollution along main roads





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Section of Urban Climatology

The activity of the urban climatology in Stuttgart has a long tradition.

In the year 1938 the municipal council decided to employ a meteorologist, to investigate the special urban climate of Stuttgart and the connection to town planning.

Since that time urban climate is a very important factor for town planning in Stuttgart, especially concerning ventilation and thermal effects.





Federal building code

Baugesetzbuch - BauGB

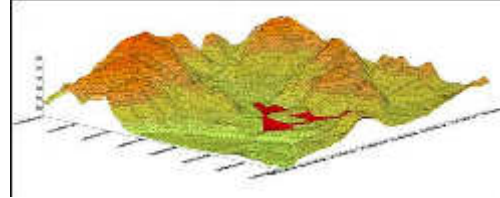
- The requirements of **environmental protection**
- Ecological balance in nature, and of water, the **air**, and the **climate**
- Contribute to an environment which is good for human being, protect the natural basis of life, **promote climate protection and climate adaptation.**



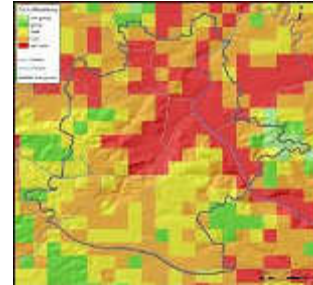
Measurement



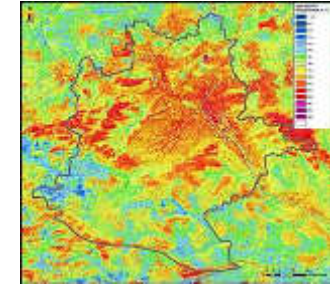
Digital Elevation Model



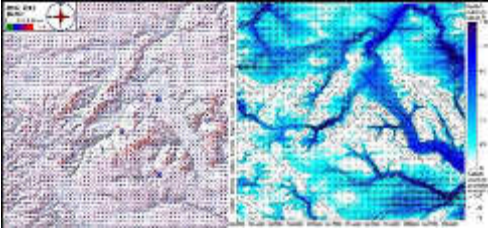
Spatial distribution of emissions



IR Thermography



Wind Field; Cold Air Simulation



Climate Atlas

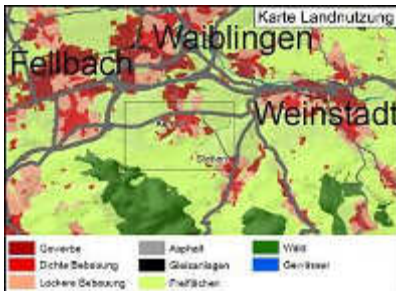
Nachbarschaftsverband Stuttgart
KLIMAATLAS

Klimauntersuchung für den Nachbarschaftsverband Stuttgart und angrenzende Teile der Region Stuttgart

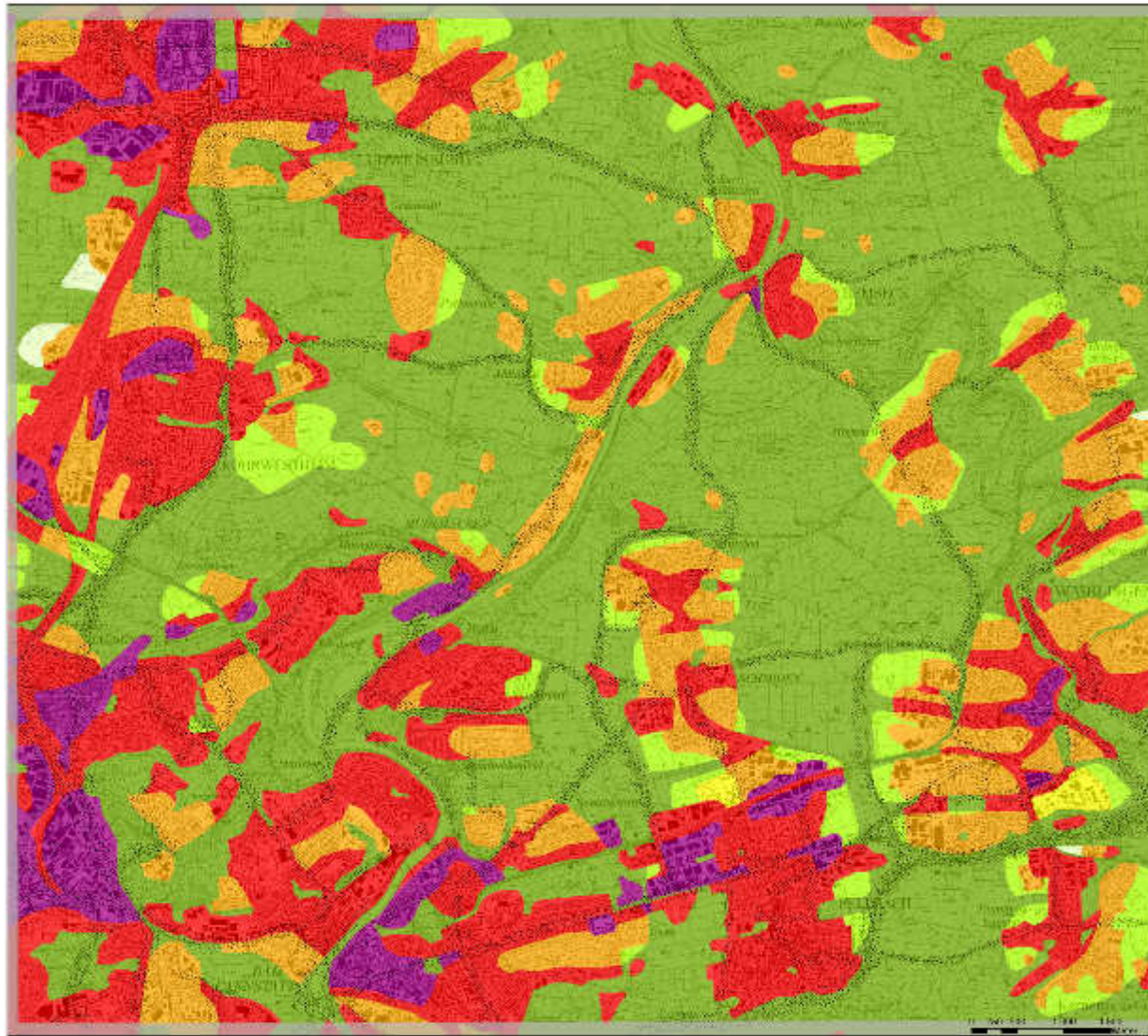
Climate Atlas Region Stuttgart

Klima Atlas Region Stuttgart

Land Use Data



Map with hints for the planning



Klimaatlas Region Stuttgart
Analysekarte

Planungshinweise TK7121

Legende

- Flächennutzungen**
- Industrie- und Gewerbegebiete: Für die Verwirklichung von Industrie- und Gewerbeanlagen, für die Errichtung von Lager- und sonstigen Dienstleistungsbauwerken
 - Freizeitanlagen: Freizeitanlagen, Sportanlagen, Anlagen für die Erholung, Kultur- und Sportanlagen, Anlagen für die Erholung, Kultur- und Sportanlagen
 - Flächen für andere Nutzungen: Gewerbe- und Industriegebiete, Gewerbe- und Industriegebiete, Gewerbe- und Industriegebiete
- Städtegebiet**
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- Besondere Schutzmaßnahmen**
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Die Flächen in dieser Karte sind für die Planung von Industrie- und Gewerbeanlagen vorgesehen.

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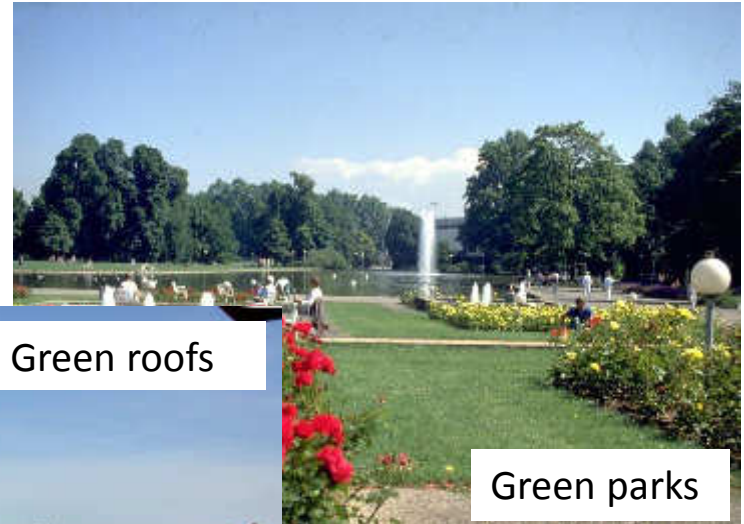
- The problem
- The strategy to use nature
- **The Activities**
- Benefits
- Stakeholders
- Recommendations/ Challenges



Green in the city



Green rails



Green parks



Green roofs



Green parking lots



Green streets



Forest (25%), Protected Landscape (40%)






Funding program

„More trees and plants in the city“

**Budget:
1.800.000 Euro**

FÖRDERUNG DER HOF-, DACH- UND FASSADENBEGRÜNUNG



BERATUNG VON EIGENTÜMERINNEN UND EIGENTÜMERN BIS ZU 50 PROZENT ZUSCHUSS DURCH DAS KOMMUNALE GRÜNPROGRAMM.



KONTAKT, BERATUNG, ANTRAG, FÖRDERUNG
AMT FÜR STADTPLANUNG UND STADTERNEUERUNG

E-MAIL alexander.schmid@stuttgart.de
TELEFON 0711 216 - 20 325

Die Richtlinie für das kommunale Grünprogramm der Landeshauptstadt Stuttgart zur Förderung der Hof-, Dach- und Fassadenbegrünung und der Antrag auf Förderung sind online erhältlich unter:
www.stuttgart.de/gruenprogramm

STUTTGART 



Planting for local climate and to reduce air pollution





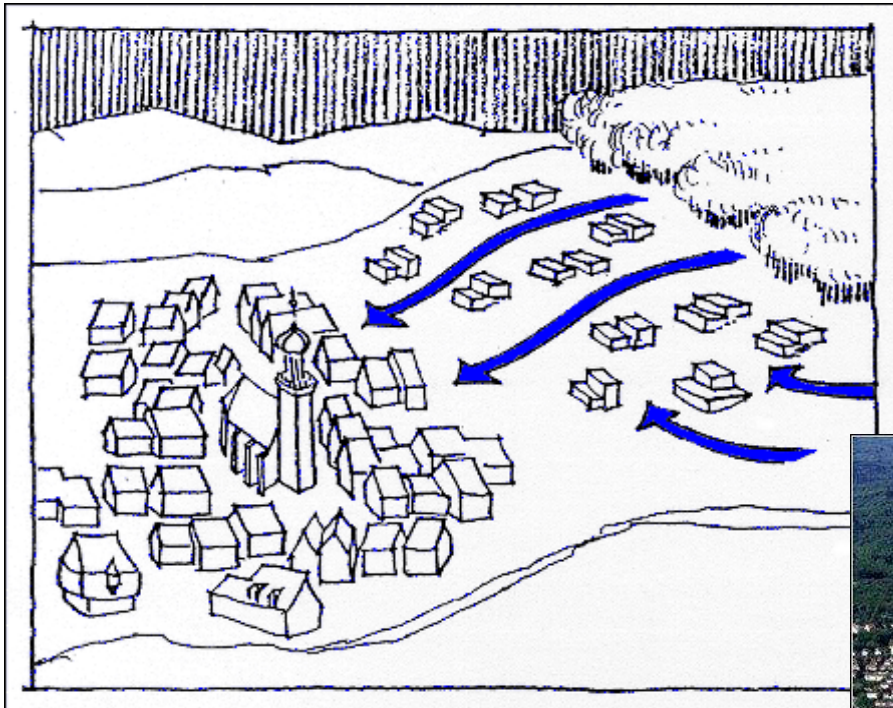
Moss wall planned; about 500.000 Euro





Quarter „Das Rosenberg“





Strategy plan for the slopes



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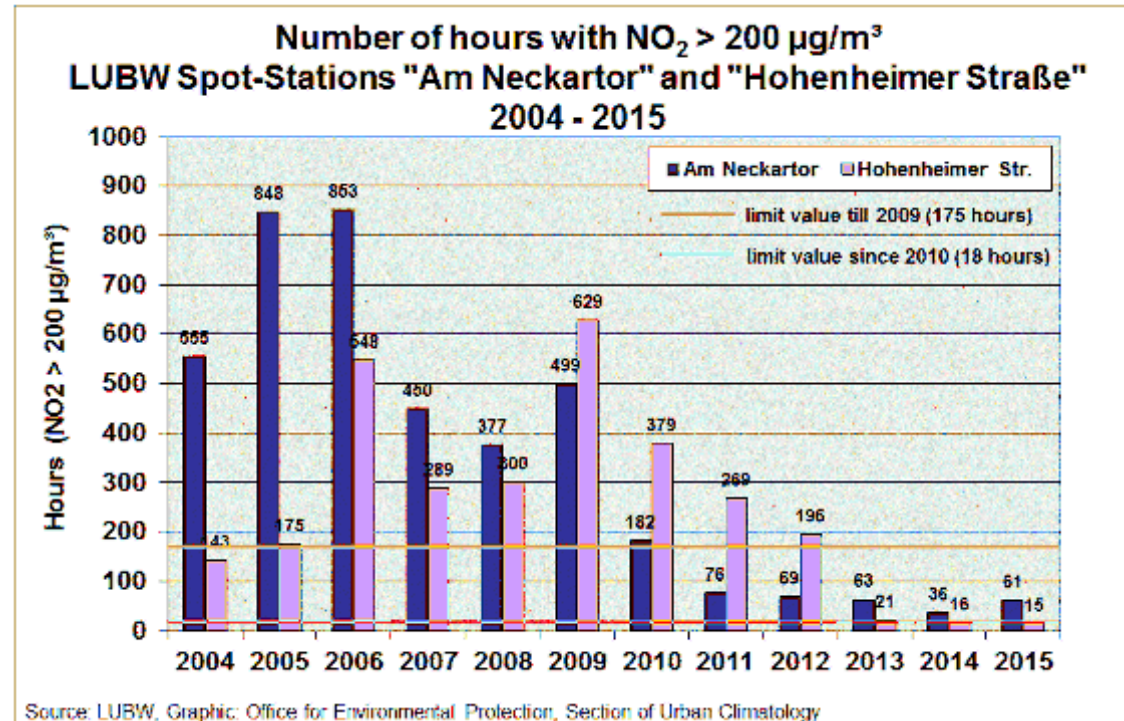


Costs/ Benefits

- **Nature in urban planning means no additional costs, if you have municipal experts.**
- **Personal costs and investigation costs.**
- **The municipality sometimes works together with universities.**
- **Funding from the national and EU level.**
- **The role of nature for climate and air pollution: costs of prevention are much less than the costs of repairing the consequences.**



- Less than 300 m distance from a green space
 - Green infrastructure
 - Ventilation corridors
 - Traffic measures
- lead to reduced air pollution





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Climatologist, City planner & Municipal politician



- health and social department for heat warming strategies



Recommendations/ Challenges

Green infrastructure and ventilation corridors reduce heat stress and air pollution. The strategy of the city of Stuttgart shows: That works.

Interdisciplinary working of the different stakeholders and engaged employees are necessary and the key for success.

The impacts of global climate change and the need to adapt make this more and more important.



Thank you for your attention!

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www.staedtebauliche-klimafibel.de



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